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Vol. 3 No. 4

# evolution it's raining

# Guaranteed Livable Income and the Golden Rule

"What we want is a little money. You men know that you get as much again as women when you write, or for what you do. When we get our rights we shall not have to come to you for money, for then we shall have money enough in our own pockets; and maybe you will ask us for money. But help us now until we get it. It is a good consolation to know that when we have got this battle once fought we shall not be coming to you any more. You have been having our rights so long, that you think, like a slaveholder, that you own us. I know that it is hard for one who has held the reins for so long to give up; it cuts like a knife. It will feel all the better when it closes up again."

Sojourner Truth, in her "Keeping the Thing Going While Things Are Stirring" address to the first annual meeting of the American Equal Rights Association delivered on May 9, 1867 - www.pacifict.com/ron/Sojourner.html.

If people are not entirely sold on the idea of a Guaranteed Livable Income (GLI), then it must mean they are entirely sold on the idea that full employment is the only solution to world poverty.

But the only way to produce 'scientific' (according to followers of Adam Smith) full employment is to make ever more cars, pave ever more roads, drill or dig (e.g. Alberta's oil sands) for ever more oil, and cut down ever more trees to build ever more shopping malls and Walmarts and disposable unnecessary plastic crap created in sweatshops with slave labour conditions. Thus, a status quo definition of 'full employment' is dependent upon an endless cycle of production and consumption.

The imperative to consume was explained way back in 1776 by Adam Smith when he wrote in The Wealth of Nations: "Consumption is the sole end and purpose of all production; and the interest of the producer ought to be attended to, only so far as it may be necessary for promoting that of the consumer. The maxim is so perfectly self-evident, that it would be absurd to attempt to prove it." (www.fordham.edu/halsall/mod/1776asmith-mercsys.html)

Doesn't it seem absurd to suggest that we must all produce and consume endless. Given that the demand for 'full employment' means ecocide, not to demand a amounts of unnecessary products in order to earn enough money to stay alive? So universal guaranteed livable income is nothing short of the genocide of the poor.

Martin Luther King Jr. was merely stating the obvious when he wrote, "I am now convinced that the simplest approach will prove to be the most effective - the solution to poverty is to abolish it directly by a now widely discussed measure: the guaranteed income.

Each year, the nation's citizenry agrees to pay a guaranteed livable income, through taxation, to politicians. It seems obvious that politicians would starve or freeze to death without a government legislated GLI with which to buy food and housing. Clearly, if you told a politician that his or her job was now a voluntary and thus nonpaid, like motherhood, they would tell you that they need a GLI - with an indexed pension plan included.

It is doubtful that citizens would ever agree to give politicians money ONLY because they need a job to escape poverty. How do politicians justify, then, claiming a GLI for themselves while denying it to others? Why do they insist that others, including mothers and children, must harvest natural resources and sell them for a profit in the private sector's 'free market' in order to stay alive?

Why aren't artists and musicians and philosophers and poets and authors offered a guaranteed livable income? Aren't these the people who create beauty and entertainment for our otherwise rather droll existences? Isn't every child encouraged to nurture their creative abilities - to draw, and sing, and write? At what point are our youthful imaginings re-labelled as idealistic nonsense, and why?

Vandana Shiva wrote, "The proposal to solve the ecological crisis by giving market values to all resources is like offering the disease as the cure. The reduction of all value to commercial value, and the removal of all spiritual, ecological, cultural and social limits to exploitation - the shift that took place at the time of industrialization - is central to the ecological crisis." (http://www.ourplanet.com/imgversn/82/shiva.html)

But without a guaranteed livable income, what choice do we have but to convert nature into commodities to sell for money?

In the beginning of his 1960 book The Waste Makers, Vance Packard quoted Dorothy L. Sayers as saying: "A society in which consumption has to be artificially stimulated in order to keep production going is a society founded on trash and waste, and such a society is a house built upon sand" (Creed or Chaos, 1952).

Rachel Carson's Silent Spring was published in 1962. Not mincing her words she warned: "The most alarming of all man's assaults upon the environment is the contamination of air, earth, rivers, and sea with dangerous and even lethal materials." On the back cover, Margaret Mead wrote: "Not war, but a plethora of man-made things ... is threatening to strangle us, bury us, in the debris of byproducts of our technologically inventive and irresponsible age.

In the preface to his 2002 book "The Enemy Of Nature," Joel Kovel wrote, "Growing numbers of people are beginning to realize that capitalism is the uncontrollable force driving our ecological crisis, only to become frozen in their tracks by the awesome implications of the insight." (www.joelkovel.org/offthepress.html#enemyofnature)

But WHY are environmental and anti consumer activists "frozen in their tracks"?

And what makes today's 'death by poverty' especially horrific is that it targets mothers and children regardless of the fact that there is plenty of food and the capacity to grow much more.

Simply put, mothers and children cannot compete for paid jobs to have money to buy the food that already exists. As Anuradha Mittal put it: "...the world's farmers produce 4.3 pounds of food per person, per day. This includes vegetables, cereals, fish, meat, and grains.... People are hungry because they are too poor to buy food. There is a shortage of purchasing power, not a shortage of food." (On The True Cause Of World Hunger, published in The Sun, Feb 02 www.derrickjensen.org/mittal.html)

Those of us who live in socalled 'wealthy' countries know full well there is plenty of food here and the capacity to grow a whole lot more. But as Linda McQuaig put it: "Under the market system, there is

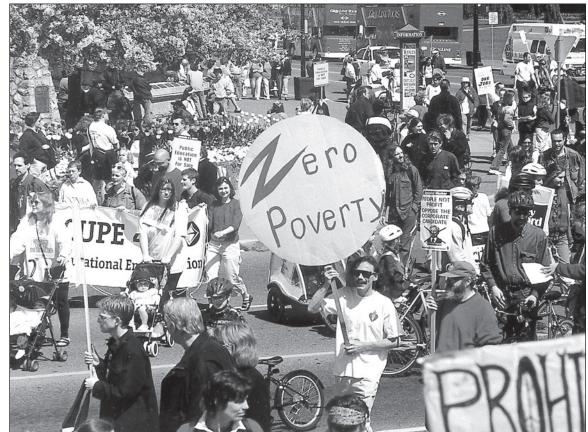


Photo from www.livableincome.org, Earth Pay 2002

# About Street Newz

"Building Bridges within our Downtown Community"

Coordinator: Janine Bandcroft Deliveries: Nancy Raycroft Community Outreach: John Swietalski Website Maintenance: Ted Hawryluk

The Victoria Street Newz mission is to provide a voice, and income opportunities, for economically marginalized and/or socially disadvantaged people, at the same time offering employable skills training, increased self-esteem, confidence, and pride in accomplishments.

Victoria Street Newz is sold by licensed vendors who sign a code of conduct. They buy the newspaper for \$.50 each, and resell them by donation. We like to encourage a sliding-scale economy which offers people a choice.

You can contribute to social change by supporting the Victoria Street Newz coalition and vendors, by reading information that informs you directly about poverty issues, and by taking áction for progressive, peaceful non-violent change.

Victoria Street Newz welcomes written submissions including interviews, event reviews, cartoons, poetry, photographs, or artwork, but we can't guarantee everything will be published. We reserve the right to edit, and will not print anything libelous, racist, sexist, or homóphobic Letters sent to the editor are assumed to be for publication, must include phone number or email (if possible, for confirmation) and may be edited for length. You can publish using a pseudonym, if you choose.

Opinions expressed in this newzpaper are not necessarily those of Victoria Street Newz, the editors, advertisers, contributors, readers, or publishers.

Victoria Street Newz is printed on 100% post consumer recycled paper with vegetable ink, at Horizon Publications www.horizonpublications.ca, 604-254-8840.

Submissions, contributions, and donations for Victoria Street Newz can be delivered to our mailbox at:

1027 Pandora Ave Coast Salish Territory Victoria, B.C. V8V 3P6

or leave a message at 250-383-5144 ext 0137

streetnewz@islandnet.com

# web.mac.com/jbandcroft

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in for a little job performance review. He needs reminding - we are the almost 80% who didn't vote for you, and we don't much appreciate the decisions you're making in our name, the direction you're taking us, the reputation you're building, the democracy you're shredding. While we're at it, let's have a little talk with our provincial czar, Gordon Campbell.

Essentially, there's nothing being done to address homelessness, except to create more of it - locally, in our cities towns and forests, and overseas through war. What can we do? Dream a better world, and take action by supporting the work of local activists and service providers - some good ones are listed on pages six and seven. It doesn't take much - for example the Street Newz will graciously accept and distribute expired bus passes (good for a visit to a recreation centre). One of our writers would really appreciate a new travel bag (on wheels, to haul his stuff around), and we're hoping someone will organize an obituary page to honour those who die (are murdered by bad government) regularly from poverty.

A FEW WORDS FROM THE EDITOR: According to an informal survey among my peers, it's time to call Stephen Harper

We've built a new website, after ours was irrepairably hacked. Excuse the unusual name: http://web.mac.com/jbandcroft. And we're well on our way to the purchase of a new camera (ours, sadly, was stolen). Unlike governments, which often go into debt to buy things they think they need (usually increased toys for the military to kill and die with, but no money for health or housing), we actually save and spend. Thanks to everyone who's helping - it's always delightful to hear from you.

Dear Accountant,

July 17th, 2006

Enclosed please find a cheque for \$35 to subscribe to your newspaper. I am distressed to see your non-existent bank balance, especially because the last edition of your newspaper was so good.

Street Newz is the first official voice I have ever seen oriented to giving the street person a forum to say what they think and as well a chance to earn money in a userfriendly' job. Please try your hardest to make it work. Such a forum can only help to make life better for the street person & for true democracy!

Good luck, Jen Ceez, Victoria

Dear Janine,

June 21st, 2006

Firstly & most important, congratulations on bringing Street Newz into its third year - and with the BANG of a single monthly edition.

I was concerned to read your description of the dark side of this success. John at Eaton Centre assured me that you were getting some help.

Best wishes!

Constance Caunt, Victoria

Hi Janine,

July 25th, 2006

Sorry to hear about the loss of your camera - here's a donation toward purchase of a new one.

We're still playing for peace rallys and benefits for local stuff, and in the kitchen every day.

Keep the faith,

Jim & Janette, Nanaimo erkil@telus.net, 250-753-6204

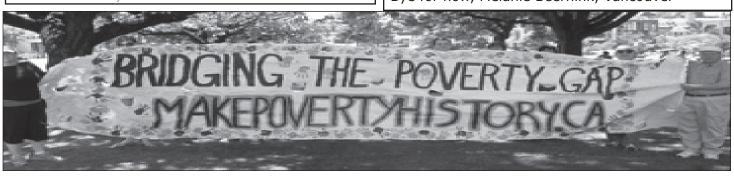
Hey Janine!

June 2006

With all you have on your plate, I'm surprised, but grateful that you remembered to send a copy of Street Newz my way. Thank you! I LOVE reading this paper. It inspires the reluctant activist inside me. I've decided to subscribe.

Glad to hear you're better than on p.2 - YIKES! I just started a new job as a community worker for a non-profit housing society in the downtown south (Granville area). I love this job! It is also inspiring me to get more involved around homelessness issues.

Bye for now, Melanie Beernink, Vancouver



# EUROPEANS SHOCKED ABOUT CANADA'S MASSACRE OF BABY SEALS

Every time I visit Western Europe, people ask whether we borders. People and organizations from around the world Canadians still club baby seals to death and skin them alive. The question is always accompanied by a look of total

Over 90 percent of Western Europeans disapprove of the Canadian seal hunt, the largest and cruelest slaughter of marine animals in the world. This year the outrage was stronger than ever before. Whether waiting for a bus, attending lectures or visiting families, the moment people found out that I live in Canada, they reacted in ways I have never experienced before.

On my first day abroad, I entered a crowded book store to make photocopies. The lady who stood in line beside me asked where I come from. As I mentioned Canada, she and others in the lineup looked at me with a pained expression on their faces. "There was another special on TV last night, did you see it?" a young man asked. "No", I said, "I just arrived". "It is disgusting what happens on the Canadian ice," he said. "My respect for Canada is gone.".A lady with two young daughters looked at me while trying to hide her tears. "What we are seeing and reading is so horrific, so barbarous, that no one in my family and none of our friends will ever travel to Canada. How can any human being hit baby seals with spiked clubs and tear their skins off while some babies are still alive and their mothers watch in horror." "These are bad men, mean men," one of her daughters said in a trembling voice. "They crushed the babies' skulls", the other girl added, holding her hands over her face. I saw tears in the lady's eyes, as she took her children by the hand and left the store. The young man asked what kind of government we have that supports such cruelty. "Some animal cruelty happens everywhere, but the Canadian atrocities on the ice are unsurpassed. Shame on Canada" he said, "what a disgrace this is to your country." The other people in the store agreed, expressing their own views about the massacre of hundreds of thousands of baby seals every year. "You must do something about it, this is criminal" a woman said as I was leaving the store.

But this was only the beginning. One elderly lady said: "this barbaric hunt happens every year and Canada never listens to anyone who protests. For me Canada has died, I never want to hear the word Canada again". Some people called Canada a "hopeless case" given its horrible animal protection

Despite the shame one feels, it is comforting to know that love and compassion for animals know no international

offered Canada immense amounts of money to see this painful spectacle finally end. The barbaric commercial seal hunt cannot be compared to the survival strategies of native people who have been catching a seal from time to time, honoring the animal's spirit and using all its parts.

Cruelty is the worst human attribute. Admirable leaders such as Mahatma Gandhi knew that "the greatness and moral progress of a nation is reflected in the way its animals are treated". Other great people and humanitarians, such as Albert Schweitzer, Leonardo da Vinci, Albert Einstein, the Dalai Lama, Voltaire, Tolstoy, Goethe, Alexander von Humboldt, and many more agree that cruelty to animals is a sign of moral decay.

The Greek philosopher and mathematician Pythagoras warned: "what man does to animals will come straight back to man." Indeed, the Canadian seal hunt has not only damaged Canada's image abroad, but stirred a seafood boycott that will cost Canada hundreds of millions of dollars. Why not engage in eco-tourism and show the world the beauty of Canada's natural environment and the love, respect and compassion most Canadians have for all life? Canada's animals, its economy and its image abroad will not survive another seal

Dr. Inge Bolin, Nanaimo - ibolin@telus.net Photo thanks to Anthony Marr - www.HOPE-CARE.org



# Report on an Echo of Silence

From Robert Arnold advocate64@

In a recent issue I challenged the people who make the rules about welfare to live for a short while on what they would receive if they



were one of its recipients. I am sure that these people either read the article themselves or were informed of it by the minions whose job it is to keep track of what is written in newspapers. If the clipping service did not catch it because it doesn't get the Street Newz, it should probably subscribe now. The political masters need to know what is going on on the Street.

Even if the MLAs did read the article or were informed of it, none of them responded as far as I know at this time. I can only speculate about the reason for such deafening silence; and because they have been silent I will do just that.

The biggest probability is that none of them cares enough about poor people to walk a mile in our shoes and learn the realities of poverty. Many of them probably feel that they know already what it is like to exist on too little money. Besides, poor people don't pay income taxes and tend not to vote, so we are ignored. Perhaps the MLAs believe the mythology around poverty and believe that, "The poor will always be with us.'

I can do nothing but pity people who don't care. They are not truly alive. They are hiding from reality; because to know the reality is to care. All we can do is ensure that people like that do not get elected to represent us ever again.

Some MLAs may genuinely know what it is like to live in poverty. If they lived in poverty at one time, they may know what it was like to live in poverty then; but things have changed for the worse. They do not know what it is like to live in poverty now. They cling to their memory of living

in poverty and it keeps them from finding out about the realities today.

If any MLA does not care about poor people because they do not pay taxes and tend not to vote, he or she must be truly callous and shallow. Greed and a love of power and material goods can lead a person to this state. These people measure value in dollars and influence. In doing so they give up their own humanity. We should not elect anyone like this to any position at all.

Anyone who believes that poverty cannot be beaten is deluding themselves. Such a belief makes one helpless and apathetic. It also keeps one from having to do anything about poverty. The pessimist in me believes that some people hold on to such a belief to justify doing nothing because deep down they just don't give a darn.

Hopefully, someone will inform the MLAs, including the minister responsible for welfare that the challenge has been issued. Surely, the clipping service for the government will get a copy of the original article and of this one. Hopefully, you our readers will write the MLAs and tell them about the challenge and about this article.

I am going to make sure the minister in charge of welfare and the NDP critic get copies of the original article and of this one. I will be writing another article in the next issue to inform you of their response.

I end this piece with a prayer for an MLA, who has the courage to live with the problems and frustrations faced by so many of our poor citizens every day. Only that person will be a credible voice for the poor in the Legislature. Until then poor people will not be properly represented in the halls of power.

Robert has been an advocate and anti-poverty activist since 1975. He is presently involved with the federated anti-poverty groups of BC and the National Anti-Poverty Organization. His mission is to eradicate poverty from the world. He might need a couple more lifetimes to complete it; but he will continue until it is

#### Guaranteed Incomes & Golden Rules - con't from page 1

demand for a product if a lot of people want it -- but that demand counts for nothing if those people have no money. If they lack money, their demand essentially doesn't exist." (All You Can Eat - http://en.wikipedia. org/wiki/Linda\_McQuaig).

Martin Luther King Jr.'s scientific logic for supporting a GLI was irrefutable: "We must create full employment or we must create incomes. People must be made consumers by one method or the other."

We agree to pay politicians a GLI to solve problems on a universal basis. In fact, the 'universality of laws' is the 'golden rule' that so many people have written about throughout time.

"All things whatsoever ye would that men should do to you, do ye so to them; for this is the law and the prophets." -- Matthew

"Do not do to others what you would not like yourself. Then there will be no resentment against you, either in the family or in the state." --Confucius

"Hurt not others in ways that you yourself would find hurtful." -- Buddha

"This is the sum of duty; do naught onto others what you would not have them do unto you." -- Mahabharata

"No one of you is a believer until he desires for his brother that which he desires for himself." -- Sunnah

"What is hateful to you, do not do to your fellowman. This is the entire Law; all the rest is commentary." -- Talmud

"Regard your neighbor's gain as your gain, and your neighbor's loss as your own loss. -- Tai Shang Kan Yin P'ien

"We hold these truths to be self-evident, that all men [sic] are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness .. That to secure these rights, Governments are instituted among Men, deriving their just powers from the consent of the governed ... That whenever any Form of Government becomes destructive of these ends, it is the Right of the People to alter or to abolish it, and to institute new Government, laying its foundation on such principles and organizing its powers in such form, as to them shall seem most likely to effect their Safety and Happiness." -- Thomas Jefferson

"Everyone has the right to life, liberty and security of the person and the right not to be deprived thereof except in accordance with the principles of fundamental justice." -- Canadian Charter of Rights and Freedoms

Victoria is home to two groups (Status of Women Action Group and Livable Income For Everyone Society) that have been holding public meetings for years to demand a guaranteed livable income. Cindy L'Hirondelle has recently released a report compiling the community's response to the idea of a GLI (livableincome.org). Why not access the report, think about it, and and write to your elected representatives.

Written by J.S. Larochelle, with a little help from Janine Bandcroft, and much gratitude to Cindy L'Hirondelle's years of GLI research. Write to J.S. at gli2020@ shaw.ca, and check out Janine's new website at http://mac.com/web/jbandcroft.

# OUR ACCEPTANCE OF VIOLENCE

by Gerry Masuda - gmasuda@telus.net

Lebanon is the second nation to be subject to a Shock and Awe war imposed by Israel.

These wars use modern aircraft and overwhelming hi-tech weapons against a nation defenseless against these weapons. This is the doctrine of MIGHT MAKES RIGHT. It seems to be acceptable since this war has not been stopped in spite of the 900 dead Lebanese and 400,000 refugees it has created.

This Israeli war on Lebanon had to be deliberately planned ahead of time. Stockpiles of war materials had to be in place. Detailed target lists had to be

compiled for the concentrated daily bombing missions. There are reports that these plans were described by the Israelis to the US and others. It was a plan ready for use when an excuse arose.

The plan included targeting civilian populations and infrastructure which are an integral part of Israel's war policy. Dahr Jamail (www.dahrjamailiraq.com) reported a very interesting quote, from Israeli Justice Minister Haim Ramon: "All those in south Lebanon are terrorists who are related in some way to Hezbollah ... In order to prevent casualties among Israeli soldiers battling Hezbollah militants in southern Lebanon, villages should be flattened by the Israeli air force before ground troops move in." (www.truthout.org/ docs 2006/073106A.shtml).

These are war crimes and crimes against humanity.

A state which carries out such actions is a terrorist state and the state that supplies the weapons and finances to do this is also a terrorist state. Where do we stand as individuals when we see what is happening - what can we do?

What has happened to date is unforgivable. However, there is something which we as individuals can do. We can start pushing for war reparations to be assessed against Israel for all the physical damage it deliberately and ruthlessly caused. If war reparations are assessed against any aggressor country due to world opinion, it may deter wars of Shock and Awe against weak nations in future.

## MIGHT MAKES RIGHT OVER THE RULE OF LAW

The unrestricted use of overwhelming military power in a show of Shock and Awe against a largely defenseless

militarily weak Lebanon needs to be viewed from the viewpoint of the law. Without the respect for law, weak countries will increasingly be pressured, due to the success of Wars of Shock and Awe, by those more powerful nations which have no respect for the law.

The planned use of modern aircraft and weapons in a Shock and Awe attack against defenceless countries both in Iraq and now Lebanon, involves the deliberate destruction of a country's infrastructure and killing of innocent women and children. The systematic destruction of electrical generating, water and sewage systems, roads and bridges, and the indiscriminant killing of women and children, the deliberate creation of refugees are war crimes and crimes against humanity. How can this destruction of a country continue in the face of public horror and the obvious need to stop this destruction and killing?



Peace Rallies, Fasts, & Vigils, calling for ceasefire and negotiations, have been worldwide

Though largely ignored by the corporate media, peace activists and their messages are in photos, audio, and video files.

This photo, with representatives from Boston's Jewish Voices for Peace, is at Indymedia.org. Thanks to Jonathan McIntosh for permission to reprint.

http:// capedmask edandarmed. com/ photoblog/.

Governments seem powerless to stop this systematic destruction of a country in spite of the anger of the peoples of the world.

The developing world's true superpower - the public of each country united globally in a common cause - must become active and effective. The public of the world must become active by setting up a system of exchanging opinions with peoples other nations using the Internet on questions of global importance.

We, the peoples of the world, need to have some system of confronting the force doctrine of makes right. When nations are not able to stop the destruction of a war, the world's peoples need a means of imposing a cease fire using world public opinion and the rule of law.

# D.I.Y. A Nihilistic Rejection of Consumer Culture

By Comrade Fletcher

1997 Author Murray Bookchin coined the Term "Lifestyle Anarchism" in his book Social Anarchism Lifestyle Anarchism: An Unbridgeable Chasm (http://dwardmac.pitzer. edu/Anarchist\_Archives/ bookchin/soclife.html>). Although Bookchin himself appears to have intended the term as a reference anarchists who put individualism before class struggle, it has since become a term more commonly used

to criticize people who adopt an anarchistic fashion or lifestyle or make it a defining element of their identity, suggesting that these individuals do no more than look the part.

So we ask the question, how much of a role does fashion play in the anarchist movement? Or more so how much of a role should it play? While it is fairly clear that during the Kronstadt rebellion of March of 1921, or the Spanish civil war of 1936-39, that fashion The problem is that almost every product is made with substandard labour practices, animal testing, and child labour. What choice do we have?

was perhaps the least prevalent element, today's world, or more North accurately America today is very different place.

In today's market place. buying

products that are not made using sweatshop labour or tested on animals seems to be a growing challenge, as one giant multinational conglomerate after another secretly or openly buys out any competition or smaller companies.

The recent buy out of Tom's of Main, makers of Tom's Organic Toothpaste, by Colgate-Palmolive of New York demonstrates the toothpaste market has been cornered by large corporations leaving few alternatives. Crest being owned by Proctor and Gamble, as well as Colgate, Crest, and Oral B all being companies that according to PETA all

HALF THE WORLDS

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AUTO DEVOTED

POPULATION WILL BE INVOLVED IN AN AUTO

ACCIDENT DURING

THEIR LIVES ...

RESOURCES ARE

INCOME IS AUTO RELATED

use animal testing on This their products. however is nothing rather just another example of Corporations buying the market and leaving us with little to no alternatives. Another good example is Converse shoes bought out by Nike a few years ago, and now also made in a sweatshop.

Unlike Argentina, Mexico or where anarchocommunists collectivists and syndicalists seem to

be gaining ground, in the U.S.A., England, your money to a corporation. In the end, it and Canada, our society seams to give fashion a lot more importance. Every day when I walk down town, I am bombarded with advertisements for clothing, or fashion accessories, every time we open a magazine, we are told that if we do not dress a certain way, we will not be able to conquer the object of the opposite sex, and thus will spend the rest of our life alone.

Whether we choose to be conscious of our appearance or not the products we buy do affect the rest of the world, and in North America we do have the options that many developing, or struggling countries of the second world do not. The old saying goes with privilege comes responsibility, and we here are privileged to a much greater degree than the struggling workers of Mexico. In our day to day life, we seldom have to really worry about whether or not we will be able to eat tomorrow. We have much greater amounts of time, and thus we should be more conscious of how we affect the world around us. In Argentina I would not expect the workers to have to worry about where



their shoes come from, as they probably only have one choice, we on the other hand have a duty as we have the time to be conscious of our affect on the world, to do as little harm as possible.

The problem is that almost every product is made with substandard labour practices, animal testing, and child labour. What choice do we have?

In the late 1970s, Anarchist punk band Crass attempted to put out their first album, The Feeding of 5000. The problem was that the

workers at the pressing plant refused to press the record because of the blasphemous lyrics of the song Asylum, the first track on the album. Crass was forced to remove the track, replacing it instead with a two minute silence they titled Freedom Of Speech. Years later, the band took money made from record sales and opened their own pressing plant and record label, the first album the released was a remake of The Feeding of 5000 with the song Asylum on it. They went on to record many other anarchist bands, many of which probably

> never would have been able to get the chance to record otherwise, and many of which like Conflict, or Flux of Pink Indians, later went on to start their own record labels, and record many anarchist bands that also would have not had the opportunity to ever put out an album.

What Crass did is something important, although many have done it all through history. Crass in realizing that they had no other option, simply created the option. This is what we call direct action, they took responsibility, and initiative instead of waiting for some one else to. Crass further went on producing their own t-shirts, and patches, refusing to copyright any of it so people could to do the same, as a result, the anarchist punk underground took off. Punk rock likely would have disappeared as markets changed, if it wasn't for kids playing shows in halls, instead of bars, and recording albums in their friends'

basements, silk-screening their own merchandise, and creating a somewhat unmarketable Do It Yourself community. Instead it flourished. One other important aspect was that this allowed kids with little to no resources to invest to still become active members in their communities, a sort of melting pot, where whatever you had to offer was enough, as long as you were putting something in. This is the D.I.Y. Ethic.

The recordings may not always come out the best, and often the clothing does not fit perfectly, patches may not last well, but it is not made in a sweatshop, it is not tested on animals, and it does not involve giving

does matter how you dress, but not how you look, you can dress like a hippie, a punk, or a working class Joe, what matters is that you are doing all you can to change the world in a positive way, and not contributing unnecessarily to the negative aspects of the systems you oppose is a great start.

As well Do It Yourself is empowerment, it teaches people to take part, to take initiative, and that we can make things happen if we try, in other words to take responsibility for themselves and their own future.

Dressing a certain way may not be enough. but if it is socially responsible it may be a good start. As Jello Biafra said "doing something is always better than doing nothing." Perhaps in the end, those people who have criticized other anarchists for dressing a certain way, may actually be the ones not living up to their responsibility, by choosing to not do every thing they can? Perhaps every little bit counts.

You can write to Comrade Conrad at prideandunity@hotmail.com

# **WORKING PEOPLE WORK THEMSELVES TO DEATH**

by joey only

It seems to me that working people must face a greater struggle to live healthy, for many do not have the time or money to properly take care of themselves. When there is no time to stop and make a proper meal fastfood and restaurant replacements often supplement the diet. Coffee, coffee, coffee to get the body going ... and then it's cigarettes at first break to



calm the nerves. When you get home you cannot relax, you are a single mom and the children are demanding, clothes need washing, homework needs doing, housework must fit it somehow ... so you put something in the microwave.

The capitalist economic system is terrible for the body, soul and mind. Many jobsites are unsafe, contaminated with chemicals, destroy the human spirit and eat up as much energy as the company can possibly steal from its workers.

This summer I fell very sick and got to spend some time in a hospital seeing for myself how health care works. I met there a Pakistani man who had spent two months in the hospital having his lungs drained. He was a roofer in Surrey with six kids. Perhaps he noticed his condition was deteriorating a long time before he was hospitalized, but he could nil afford to take anytime off work with so many mouths to feed and bills to pay. Eventually he worked himself to the point where his body broke and he had to spend two months and probably more in the hospital.

If only we had an economic system where this immigrant worker could take time off and heal his body without losing his home and everything he owns. There is no risk to health like homelessness.

Canada has a safety net for its workers, it's the healthcare system. So when you work yourself to near death, or you have an arm ripped off on the jobsite, there is a place that will fix you up. But with all the technology and gadgets and pills the system still lacks a common sense approach to wellness. It's as though the technology advanced while the mentality behind the practice stayed in the 1950s.

While my immune system was suppressed I could only eat high quality and organic foods ... while the hospital brought me hamburgers, hard bread and other foods with no medicinal or nutritional value. The detergent in the bedsheets made me itch. The morphine made me constipated and constantly nauseated. I would rather have had marijuana then opiates. There were no herbs, no natural medicines and no massages. Because the Health Employees Union lost the strike the cleaning services were terrible and too often nonexistent, even thoughcleanliness is the simplest way to prevent the spread of infections. Because of a shortage of nurses some of my needs were ignored or dealt with too quickly to have a positive effect.

If I only were rich enough to go to the United States and pay for better healthcare. But we get no such option, working class people are worked to death.

joey only is a working anarchist musician, living in vancouver, still recovering from his illness. he hosts a radio show at coop radio - for more check the website - www.joeyonly.com



# **Tre Arrow Update**

To all the precious beings out there, I'm doing well. I'm immensely grateful for the love and support of which I am surrounded every day and every night.

On the last new moon I was blessed with a visit from Bruce Ellison. Bruce is a kind brother from South Dakota who has worked on indigenous and Native rights in the federal courtroom for three decades. He will be assisting me and the current lawyers working on my legal defense. To this I am eternally grateful.

Recently I recieved a letter in the mail from Denise Savoie, the local and federal MP (Member of Parliament) for the Canadian Government. She wrote a letter on my behalf to the minister of justice expressing concern and support for my situation and case. This also marks a monumental event because to my knowledge this is the first Canadian or U.S. politician who has publicly supported me and written a letter to the minister regarding my case.

I am currently working on a bail proposal for the appeal court. I am asking families (or individuals) to be part of the million dollar bail proposal. This money does not need to be put up front, simply available to show the government that the funds can be accessed. In addition, I will agree to any condition they see fit in order to convince the government that I'm not going to flee. Are you or someone you know willing to be one of these surity persons??? If so, please send an email to tre@riseup.net...thank you very much!!

My friends from Vancouver helped put this CBC radio piece together. It aired on June 5, 2006 and is titled 'My Friend the Fugitive' - www.cbc.ca/outfront/listen/2006/06-06-05.html

Namaste, tre

Environmentalist and refugee hopeful, Tre Arrow has been incarcerated in Canada since March 2004. www.trearrow.org

# Mosaic The City's International Peace Tile Project

Part of this year's 25th Annual Earth Walk -A celebration of Peace, Earth & Justice.

Help Create Victoria's Peace Tile Mural, by making your own Peace Tile!



We are creating a 25-tile mosaic mural consisting of 9 tiles spelling out "25th" surrounded by 16 tiles from supporting organizations, individuals & families. The 9 inside tiles will be made in traditional mosaic format using recycled materials while the other 16 outside tiles will be collage style using each organization's past materials from Earth Pay and/or similar focus. Surplus tiles (over the required 25) that are created will either be swapped with other Peace Tile Murals around the world and/or used to create other Peace Tile Murals in Victoria (TBA depending on the total number of tiles created). The completed 25-tile mural will be publicly mounted in Victoria for all to share and enjoy (location TBA).

This is a great opportunity to express your support for local Grass Roots organizations and demonstrate what we can do when we all come together for a common goal.

We are asking individuals, families and organizations to each make a Peace Tile that speaks your message to the world you would like to live in, to the mission and vision of your life.

After collecting all the Peace Tiles we will create a traveling mural(s). After spending this year around Victoria we will all celebrate the finished mural(s) at next year's Earth Day and then find it a permanent home in Victoria.



# Join our Next Workshops

September 8th 9-3pm @ Uvic Earth Fest & September 9th 12-4 @ Market Square

Come out, buy a kit ( $^{\circ}$ 20.00 min donation) and start making your PEACE TILE then add it to the mural.

To book a workshop, learn how to make your Peace Tile or to pick up kits contact MTC directly: peacetiles@mosaicthecity.com or 250-888-3369

"Peace Tiles offers an easy to follow, dynamic process to engage children, youth, & community members of all ages in the exploration of global issues through art, while building connections around the world!"

http://www.telecommunity.us/peacetiles/

# Spare A Little Time?

David Johnston is just the tip of the iceberg on the Victoria Streets. At any given time there are over 500 people tucked away under a bush,under a bridge, in a doorway or simply wandering until daylight. They may be huddled in groups of 2 or 3 or maybe more or alone with their own demons. Maybe couch surfing, maybe in a motel?

Remember when there was the camp of 50 plus under the space at City hall? Remember the camp at the legislature? How many know by name someone who is on the streets? How many know those who are addicts by name? How many go out and do something other than attending a rally every once in awhile? How many go out 1 time a week and take something .... maybe cookies or even in this heat wave, cold water. Or some pop. People put out buckets for the poor dogs, I see nothing out for those who have no taps. We complain about the pan handlers but how many are also trying to survive on welfare or some other low income?

How many are trapped in the ghettoization of subsidized housing, how many are under the scrutiny of "fraud squads" that assume because you are on welfare you must be scamming or something. Unless you been kicked off for non-compliance or couldn't get it to start with!

How many times do you bitch because you can smell the stench of urine, or came across someones 'business?' Have you also noticed the signs in the business community that say no public washrooms, or noticed the closure of the public washrooms at City Hall (yes recently reopened). Have you noticed the complaining and crabbing about the used needles on the streets and also the reluctance of city hall to place disposal units in strategic locations?

Ever notice the 50 or so who show up every Sunday at the Upper room for free sandwiches, shaking with cold in the Winter and looking for something cold in the summer? Sometimes there are those without enough to keep them warm or they are wearing a winter coat in the heat and pushing their belongings in a grocery cart. Ever shown up on a Sunday and brought hot coffee, or cold pop/juice/water?

Ever been to "food not bombs" free meal on Sundays or at the Sally Ann during the week? Ever gone to Streetlink during the line ups for food 2 times a day? Ever seen the CARTS people on Friday nights, or seen SOLID out dispensing clean rigs as part of harm reduction? Did you come to the lectures by LEAP about the Billions spent on the war on drugs but we don't have enough of the simple basics for those in need?

Have you talked to someone who is woken up at 6:00 am and told to move along by City Police, do you know any one who has had his belongings dumped out of those "stolen Carts" and lost most of his worldly possessions? Did you know Larry, who died of hypothermia? Or Spike who died in cells? Do you know George, he needs a place, he's had seizures again? Mary, who can't get a place, she has a dog and is ashamed to go to welfare?

Ever gone and just picked up the used rigs laying around and returned them to the right places, do you ever wonder what happened to those who were living in the housing that the City closed for violations of the building code?

What difference have you made, as an individual or as a group, or is it all blow and no show? What did you do that really makes a difference?

Got a backyard, can someone camp in it? Make some goodies and go hand them out? I saw a member out on Xmas day with wonderful cookies, wrapped like the gifts they truly were. Collect soap, shampoo, hand creme, from the conferences and go give them away. Spend \$10.00 at Mc Donalds and get the huge tub of pop and give it away in this heat wave? Make a huge pot of coffee or hot chocolate and give it out in the winter?

Go find out where people are other than Victoria proper, along the Goose trail, behind Tillicum Mall, in Saanich, in Esquimalt, at the Church with Father Leo? In Gorge Park? No food banks outside of Victoria, out in Langford but none in View Royal, Saanich, Colwood, what can you start up?

Do you know how many are working as advocates with no pay, because someone needs help? Do you know those who take from their own pocket and do some small thing that makes a difference, but don't talk much about it?

Just wondering before I go do Mobile X and then on with SOLID tonight (which by the way was denied funding because the BCGEU doesn't help user groups and we can't qualify for lottery funding for the same reason).

Got some spare time to assist as a shadow board member to help a 'user group' reach some of it goals? Got some spare cash to help with food/bus fare at weekly meeting? Some office supplies/some storage space for our 'office.' Some funding for gas for our needle exchange (4 years unfunded now)?

Can you fix up some of the junk 'puter I have and make my oldie sing? Got a laptop I can have that will help me do send backs when I go to conferences? Got a truck we can use once in awhile to move a bed or a chair or stuff for someone with no vehicle? Got a free space so SOLID can keep stuff in an office instead of my van or my house?

How much do you know of use vs abuse and does alcohol come into your views as a drug? Do you really know of the differences that laws make regarding 'criminal activity vs acceptable behavior? (having a drink vs having a toke vs having a wack)?

 ${\sf Carol} \ \ {\sf R}, \ {\sf SOLID^{\sim}} \ \ {\sf MOBILE} \ \ {\sf X}, \ \ {\sf http://groups.yahoo.com/group/solidones/}$ 

# David Johnston's St. Ann's update (hatrackman@yahoo.com)

Until the sentence appeal happens (on Oct.

16th) I will officially be residing at my uncle's place- the condition to call the bail supervisor once a week. I will still have opportunity to be around town, often enough.

Found out an interesting thing- that a successful charter challenge will make it so, not only Victoria is told that it is unlawful to arrest people for sleeping on public access spaces, but also every other municipality in Canada. It will make it so that if someone really doesn't want the public on 'their' land they will have to not only have 'no trespassing' signs but also have to make it physically inaccessable... I wonder if everyone who is going to live in the gated communities will think the gardens blooming outside will be wild jungle or home to a newly evolved spe-

cies of humans- the hippy/ninja/gardener angels.



Beyond all that, I will press myself to have as little concern for 'doing' as I can and have most concern with simply 'being'... as I know there really is no 'do'.

The www.loveandfearlessness.com website is amazing- you need a 'flash' viewer to see the movie clips. (editor's note: thanks to Andrew Ainsley for the website, and for this photo of David and his mom Lea on the day of his release - after 36 days imprisoned and refusing to eat.)

# Left Coast Happenings

Street Newz offers no guarantee that this info is accurate, or that the events will actually occur. For a free weekly list, email events@pej.ca.

Mondays Movie Monday - 6:30 pm, Eric Martin Pavilion (1900 block Fort St.) by donation 595-FLIC or www.islandnet.com/mm

**Alt Mondays** Victoria Peace Coalition - 7:30 pm, 2994 Douglas St. dolcla@islandnet.com

Alt. Mondays Communities Solidarity Coalition - www.communities-solidarity.org, info@communities-solidarity.org

**Tuesdays** Voice of Palestine - 8:00-9:00pm (PST) on 102.7FM. Listen live at http://www.coopradio.org/listen/ or to archives in Audio Clips **Tuesdays** Victoria Bluegrass Association Jams 1620 Fernwood, Orange Hall, 7:30 pm 472-6483 free for listeners, \$2 for players - all levels

**Tuesdays Hand Drumming** Drop-in, \$10. Beg: 7-8 pm, Adv: 8:15-9:15 pm 521 Superior Info 386-1054 Drums provided.

Wednesdays Falun Gong faluninfo.net. Fernwood Community Centre, 1240 Gladstone Fernwood. Victoria. 5-7 p.m. Info: (250)386-8805 free Wednesdays Peace Vigils at the Legislature - 7:00 - 8:00 pm - Peace Ambassadors needed to greet international visitors! Imagine: War Never Again

SOLID (Society of Living Intravenous Drugusers) except welfare day, 7:00-9:00 pm, 1947 Cook St. \$3 bus fare reimbursed Wednesdays

**Second Thursdays** Council of Canadians Coffee Nights at the Solstice Café, 529 Pandora, 7-9 pm

**Fridays** Coffeehouse discussion group 7:30 pm JJ's coffeehouse in Brentwood Bay 7:30 pm Info: sue stroud@hotmail.com Café Simpatico, Activist coffeehouse, 1923 Fernwood. Doors at 7 pm. casc@telus.net , 598-7690, communitypipe.org **Fourth Fridays Last Fridays** Propel Yourself! Victoria Critical Mass Bike Rides - Centennial Square, 5 pm. bring bike, board, helmet, lights, bliss.

**Sat Mornings** Sikh meditation -all welcome 6-7 am at Gurdwara Singh Sabha Society of Victoria (470 Cecelia Rd, Victoria, BC) Info: jindi@hotmail.com **Saturdays** Plastic Recycling - soft & hard plastics: styrofoam blocks & chips, plastic bags, and rigid plastics. Info: 382-4604. www.pacificmobiledepots.com

**Saturdays** Tour of Merve Wilkinson's Wildwood Forest, Ladysmith. Info: Jay, 250-245-5540 Directions: www.ecoforestry.ca/WildwoodMap.htm

Sat & Sun **Falun Gong** faluninfo.net 10-noon, Beacon Hill Pk, across from petting zoo, all winter. 386-8805 free

Alt. Sundays Sierra Club Nature Outings - Call Nikko for more details at 386-5255 x241, www.sierraclub.ca/bc

Artists in Cathedral Grove - from noon onwards Park at the west end sign post for Park (a small parking lot on the right hand side near the recent protest site) and contribute to an art series and potential show. Info: canadaartlynx@yahoo.ca 2nd & 4th Sundays

Sundays Victoria Folk Music Society 7:30pm, Norway House, 1110 Hillside www.pacificcoast.net/~vfms or 413-3213, 24 hrs. Faith in Action -a multi-faith coalition working to put more heart into BC's income assistance. www.bcfaithinaction.ca Monthly

Vancouver Island Vegetarian Associaton (VIVA) Potlucks www.islandveg.com Monthly

All month CRD Parks outings and explorations for all ages. 478-3344 www.crd.bc.ca/parks/brochure2.htm

**Ongoing** Auditions for Spilt Milk Improv Comedy Troupe Info: (250) 479-3374, spiltmilk@centralmail.com, www.spiltmilkcomedy.com

Intrepid Theatre's 20th Annual Victoria Fringe Theatre Festival Info: 250-383-2663 or info@intrepidtheatre.com or www.victoriafringe.com Aug 22-Sept 4th

Meditations for Peace - By Donation RSVP! 370-1380, www.iahp.com/julia--day, 2freedom@axion.net Thurs Aug 24th

Sat Aug 26th Gardening w/out Pesticides Wkshp: Prevention & Control of Diseased Plants. 2-4pm, Compost Education Ctr, 1216 North Park \$15. 386-WORM

Sat Aug 26th Sooke Potholes Day. Celebrate CRD Parks' 40th anniversary. 11-3pm Face painting, crafts, displays, guided hikes. CRD Parks & TLC

Ride "The Goose" with a naturalist Meet Trail parking lot off Sooke River Rd, 10am 3 km south of Sooke Potholes Sat, Aug 26th Sun Aug 27th Romanian Community Assn's Victoria First Dracula Festival - 1 -8 pm. Info: 386-2983 day and 881-1473 evening.

Wed, Aug 30th Park to Park: A Hiking Adventure, 10-2pm Francis/King to Thetis Lake Regional Park. Meet Nature Centre off Munn Road. Adults only. CRD Parks Wed Aug 30th Forest walk through Federal Public Lands near Fort Rodd Hill - Meet at 7 pm, Juan de Fuca Rec Centre Info: 388-9292, www.wcwcvictoria.org

**Thurs Aug 31st** Meditations for Peace - By Donation RSVP! 370-1380, www.iahp.com/julia--day, 2freedom@axion.net Fri Sept 1st Master programme in Int'l Relations and European Studies app due date Info: www.european-studies.hu Sept 1st / Oct 1st The 13th Annual Victoria Independent Film & Video Festival Submission Due Dates Info: http://www.vifvf.com Thurs Sept 7th Meditations for Peace - By Donation RSVP! 370-1380, www.iahp.com/julia--day, 2freedom@axion.net

Thurs Sept 7th Our Place Volunteer Appreciation - St. Ann's Academy, 12:30-4:00 pm Volunteer Coordinator: 250-385-2454 volunteerourplace@shaw.ca

Fri Sept 8th Mosaic The City's Int'l Peace Tile Project Workshop: UVic Earth Fest, 9-3 pm Info: mosaicthecity.com, 888-3369 Mosaic The City's Int'l Peace Tile Project Workshop: Market Square, 12-4 pm Info: mosaicthecity.com, 888-3369 Sat Sept 9th

Sun Sept 10th "How We Became Humans" with Anthro Prof Emeritous Nicolas Roland - 10 am at SWAN's Collard rm, 506 Pandora. Free, Vic Secular Humanists.

Sept 19-Dec 7th University 101 - free liberal arts course, dinner included. Info: 361-7014 or uni101@uvic.ca, or www.uvic.ca/uni101

Sept 8-10th

**Anarchist Book Fair and Free School** - w/table space for book sellers, presentations and workshops, including: DeSchooling, Anarchist History, Gender and Homophobia, Radical Cheerleading, Indy Media - 755 Pandora, 11-7 pm prideandunity@hotmail.com

Sept 14 - 23th Ten Days of Action for Ancient Forests! Petition-drive, demos, and events-rally at Legislature Sept.23 at noon Info: 388-9292, www.wcwcvictoria.org

Sept 15th &16th Vancouver Student Film Festival 2006 at the Vancity theatre - http://www.vsff.com/

Sat Sept 16th The Looming Global Water Crisis: Enshrining Water as a Human Right, not a Corporate Commodity - Maude Barlow, UVic, 7-9 pm

**Sept 17-20th** Water In the City Conference - bringing together engineers & water managers, municipal politicians & staff, senior governments, the development industry, consultants, the environmental community, interested citizens, youth, and commercial & institutional water users from all over North America.

Info: www.waterinthecityvictoria.ca

Wed Sept 20th "Big Trees, Not Big Stumps" - WCWC New Book Launch! Vancouver Info: 250-388-9292, wc2vic@island.net (email), www.wcwcvictoria.org

**Thurs Sept 21st** "Cows With Guns" concert - 7- 9 pm Garry Oak Room, 1335 Thurlow Rd Info: 388-9292, wc2vic@island.net, www.wcwcvictoria.org

Energy Psych 1 Workshop - understanding and experiencing how energy system works, 10-5 \$95 Info: 598-4303 or celestialleo@hotmail.com **Tues Sept 26th** 

Sat Sept 30th Fair Vote Canada, Victoria chapter, AGM - 1 pm, UVic HSD A240. Guest: Harry Neufeld, BC's Chief Electoral Officer

Sun Oct 1st The Salt Spring Island (BC) Apple Festival 2006 - A Celebration of the Diversity of Apples - 9-5 Info: www.saltspringmarket.com/apples

Oct 15-16th Millennium Campaign - Stand Up Against Poverty - www.millenniumcampaign.org

Oct 20-22nd Family Focus 2006 - Richmond. Info: www.familyfocusconference.com, info@familyfocusconference.com, 604-279-7057

Oct 22nd-28th Aboriginal Media Intensive Program Info: http://giftsfilms.com/index.cfm?page\_name=film&focus\_id=1001

Nov 10-18th 33rd Northwest Film & Video Festival Info: http://www.nwfilm.org

Jan 28-31, 07 2nd Ntl Cdn Conf on Social Enterprise, Vancouver. Theme: Building Social Enterprise. Reg. begins Sept 5th. Info: www.enterprisingnonprofits.ca

April 12-16th, 07 2007 Ashland Independent Film Festival Info: web:http://www.ashlandfilm.org

#### **Uni 101** Free University!! September 19th to December 7th

Possible topics: Critical Thinking, Creative & Professional Writing, Local & World History, Indigenous History, Greek & Roman Mythology, Queer & Gender Studies, Indigenous Literature, English Literature, Philosophy, and more!

You're eligible if you're over 19, if you're ineligible for uni programs thru the usual channels, face poverty or homelessness, or if you're a single parent.

Daycare subsidies, food, bus fare, course materials will be provided.

**Interested? Attend an information session:** 

Tues, Aug 29th, 7 pm @ Fernwood Community Centre (1240 Gladstone Ave.) Thurs, Aug 31st, 7 pm @ Blanshard Community Centre 901 Kings Rd. Tues, Sept 5th, 1:30 pm @ Downtown Community Activity Centre 755 Pandora Tues, Sept 5th, 7 pm @ UVic Downtown Campus 910 Government

For more info: call Becky at 361-7014 or email uni101@uvic.ca, or www.uvic.ca/uni101

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# **Food Resources**

#### 9-10 CLUB (ST. ANDREW'S SOUP KITCHEN)

740 View St. Victoria, B.C. V8W 1J8 ph: 388-5571 8 - 10am seven days a week. Church-run club providing daily meals on a drop-in basis.

#### **ANAWIM COMPANION SOCIETY**

973 Caledonia Street Victoria B.C. V8T 1E7 phone: 382-0283 Mon, Tues, Thurs 10am - 5 pm, Weds, Fri 10am8pm, Sat 10am 4pm Laundry, showers, meals, clothing, limited housing spaces.

#### **COMMUNITY FOOD BANK**

4-697 Goldstream Avenue, Victoria, B.C., V9B 2X2 phone: 474-4443 Tues, Weds: 10am 3pm, Closed last week of month

**FOOD NOT BOMBS** - a collectively run food kitchen. Ph: 383-5144, ext 1940 Free vegetarian serving Sundays, 3 pm - Harris Green (Pandora & Vancouver) Bring plastic containers for bowls, bags 4 produce. http://resist.ca/~fnb-victoria

#### **FRUIT AND VEGGIE BOX**

C/o Blanshard Community Centre phone: 388-7696
James Bay Community Project phone: 388-7844
WorkLink Employment Society phone: 478-9525
Victoria Native Friendship Centre phone: 384-3211
Wholesale prices, various size boxes. Pay first, pick up following wk.

#### **JAMES BAY COMMUNITY SCHOOL**

140 Oswego Street, Victoria, B.C. V8V 2B1 phone: 389-1470 -Seniors Dinners on Tuesdays and Thursdays at 5 PM - \$5.75 -Community Dinners Weds, approx. every other mth, usually \$4 & \$2 -12 & under. Tickets must be purchased at the centre in advance-Community school cafe open Mon - Fri 11:45 am -12:30 pm. \$3.25 & child 2.75.

#### MEALS ON WHEELS phone: 479-6900

For residents of Greater Victoria who, because of age, disability or illness, are unable to prepare an adequate meal for themselves, have inadequate cooking facilities, have no one to prepare meals, or have health and social needs. Referrals from doctors, health & Social Services agencies, concerned friends, family, or personal requests. Current cost of meals- \$6.75. In addition to nutritional benefits, some social interaction.

#### MUSTARD SEED STREET CHURCH

625 Queens Avenue, Victoria, B.C., V8T 1L9 phone: 953-1575
Outreach: Mon-Fri 8am-4pm, Food bank: M,T, W, Th 9-11:45am, 12:30-2:00 pm M, W, F - Family Hampers, Th - Singles & Couples w/out children. Food bank is closed the week following welfare cheque day. Drop in for food, friendship,

counseling, and crisis intervention. Food hampers available. One visit/mth.

www.mustardseed.ca

# **OUR PLACE (formerly the Open Door)**

713 Johnson St., Victoria, BC V8W 1M8 phone: 385-2454

7am - 3 pm Monday to Friday, closed weekends

Victoria's 'Living Room' - a drop in centre with free sandwiches, doughnuts, coffee, tea, bread, sometimes produce, clothing room, counseling & referrals. Free pet clinic the first Monday of each month.

# ST. VINCENT DE PAUL SOCIETY

828 View Street, Victoria B.C. V8W 1K2 phone: 382-0712 9 am-12:30 pm, 1:30 pm-4:30 pm Mon-Friday, Tues aft for Women Must be 19 yrs, unless referred by parents, ASK, or Soc Services. Food, clothing, household items. Home visits, food vouchers for parents w/children.

## SAINT SAVIOUR'S KITCHEN

310 Henry Street, Church Hall (VicWest) phone: 384-8773 Rainbow Kitchen for women and children, Weds and Fris, 12 noon 1:30 pm

**SALVATION ARMY,** Family Services and Counselling (singles, too) 2695 Quadra, at Hillside ph: 386-8521 Monday Friday, 9 am 3:30 pm Emergency food hampers, clothing & small housewares vouchers.

## SIKH TEMPLE

Blackwood at Topaz (towards summit park), enter right side door Every Sunday at noon - Free food serving, lentil dahl and chapatis, etc.

## STREETLINK EMERGENCY SHELTER

1634 Store St., Victoria, B.C. V8W 1S2 ph: 384-3634, office 383-1951 Free dinner 7 days a week, 3 pm for meal ticket, serving at 3:30

## ST. JOHN THE DIVINE

1611 Quadra St., Victoria, B.C., V8W 2L5 phone: 383 7169 Food bank open Tues & Fridays, 10 am-noon, in church basement. (Closed Fri and Tuesday after Welfare Wednesday, and Tuesdays after Monday stat.)

## **UPPER ROOM SOCIETY**

919 Pandora Avenue, Victoria, B.C., V8V 3P4 phone: 388-7112 Office Hrs: Mon-Fri 9am-4pm Meals: Mon-Sat 12-1pm, 45:30 pm Meal pass costs \$26 a month, or \$1 at the door.

**Good Food Box Program** - Duncan area - 250-746-4204, www.providence.bc.ca, mlthomson@uniserve.com

## **Breakfast Club**

First Saturday: Christ Church Cathedral at St. Andrew's Presbyterian Church Hall - 680 Courtney St., 7:45-9:30 am

**Second Saturday**: St. Andrew's Presbyterian Hall, 680 Courtney St, 8-10 am **Third Saturday**: Glad Tidings Pentecostal Church Hall, 1800 Quadra St. 8-10

Fourth Saturday: Central Baptist Church, 833 Pandora, 8-10 am; 385-7786

Fifth Saturday: BC Ferry Workers' Union at St. Andrew's Hall, 8-10 am

## DAY WORKERS FOR HIRE

We provide dependable labour for the odd jobs that arise in your home, office, or business. All wages go directly to the workers.

101-749 Pandora, 388-9296

# **Housing Resources**

#### No Cost for Service, Time Limited Stay

Salvation Army (Emerg men only) 525 Johnson Street, 384-3396 Streetlink 1634 Store Street, 383-1951

Sandy Merriman House (for women) 809 Burdett Avenue, 480-1408

Sobering & Assessment Ctr (24 hr) 1125 Pembroke (@ Cook) 213-4444 Out of the Rain (Youth 15-25) 812-0490 winter only, various locations

Kiwanis Youth Shelter (13-18) 2117 Vancouver St., 386-8282

Hill House - Women with children 479-3963

Sooke Transition House 642-2591 Women with or without children Vic. Women's Transition House 385-6611 Women with or w/out kids Cridge Centre for the Family 1190 Kings Rd 386-7291 Women & kids

Kiwanis House for single women 16-29 w/ one child 382-1004

Margaret Laurence House 995-0058 Women & kids escaping abuse

#### Low Cost Monthly Rentals

YWCA Women's Residence - 880 Courtney Street, 386-7511

Ritz Hotel - 710 Fort Street, 381-1868

Fairfield Hotel - 710 Cormorant St., 386-1621

York Hotel - 711 Johnson Street, 385-2544

Douglas Hotel - 1450 Douglas Street, 383-4157

Ocean Island Backpackers - 791 Pandora Avenue 385-1788

Turtle Refuge Backpackers - 1608 Quadra Street 386-4471

Vic. Human Exchange Soc. 361- 2762, 1-800-691-9366, www.humanx.org Extreme Outreach - men only, \$350 + dep. No alcohol or drugs. 708-2064

#### Subsidized and/or Supported Housing Services

BC Housing (subsidized - low income families, 55+, or w/disabilities) 301- 3440 Douglas Street, 475-7550 www.bchousing.org

Burnside Gorge Community Assoc. 388-5251 members.shaw.ca/bgca

Capital. Region Housing (subsidized, low income families, 55+, disabilities) 623 Fisgard, 388-6422 www.crd.bc.ca/housing

Coordinated Housing Registry (subsidized & supported housing) www.coolaid.org 826 Cormorant St. 356-2548

M'Akola Housing Society 384-1423

Pacifica Housing Advisory Assoc. (families) 827 Fisgard 385-2131

Pacifica Housing Serv/Downtown Outreach Serv (connects low-income folk w/housing in private sector) 826 Cormorant 356-2555

Pandora Youth Apts 753 Pandora, For 15-19 yrs, Andrea - 380-2663 St. Vincent de Paul Soc. 382-2767 www.svdpvictoria.com/services/

Victoria Senior Citizen Housing Society #501-620 View, 384-3434

## **Housing Searches on the Internet**

BC Housing Subsidized Housing List Brown Bros. Property Management BC Co-Operative Housing Campus Housing List www.bchousing.org www.brownbros.com www.chf.bc.ca/

osun Off Campus Housing List http://www.myidealhome.com/ccss

David Burr Property Management www.davidburr.com

UVic Off Campus Housing www.housing.uvic.ca/offcampus/search.htm

## **Helpful Housing Hints**

- 1. Add your name to the BC Housing list.
- 2. Add your name to the Coordinated Housing Registry.
- 3. Get the addresses & phone numbers of subsidized or supported housing units from the Cool Aid Society, the BGCA, M'Akola, etc. If you find one you like, make friends, impress them, ask them to pull your name off the list. They can let you in, but you have to be listed with BC Housing first.

# Some places to call for help

Action Committee of People with Disabilites - 926 View St., 383-4105 Adult Addiction Comm. Treatment Serv: 2nd floor, 1250 Quadra, 727-3544

AIDS Vancouver Island: 1601 Blanshard St., 384-2366

Alano Club: 1402 Broad St, 383-9151

Alcoholics Anon: #8, 2020 Douglas, 383-7744 (help), 383-0415 (off)

Cool-Aid Medical Clinic: 385-1466

Cool-Aid Phone Message Service (\$5/mth): 383-1977

Credit Counselling - 477-9998

Foundation of Support of Recovery for Men: 480-1342

Men's Trauma Centre: 381-6367, #203-1420 Quadra St. www.menstrauma.ca Outreach Services Methadone Clinic: 2004 Fernwood Rd., 480-1232

Problem Gambling Help Line - 1-888-795-6111

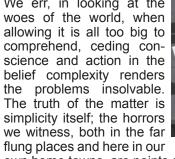
Prostitute Empowerment & Education (PEERS): 744 Fairview Rd., 388-5325 Research, Education, Evaluation, & Support Prog. (REES): 595-8619 Salvation Army Addictions & Rehab Centre: 525 Johnson, 384-3396 Society of Living Intravenous Drugusers (SOLID): 7-9 pm Weds, 1947 Cook Together Against Poverty Society (TAPS): #415 - 620 View Street 361-3521 Victoria Native Friendship Centre: 610 Johnson Street, 384-3211

Victoria Native Friendship Centre: 610 Johnson Street, 364-3211 Victoria Sobering & Assessment Centre: 1125 Pembroke, 213-4444 Vancouver Island Addiction Recovery Soc.: 536 Cecelia, 480-1342

# To see a world in a grain of sand...

Contributed by Chris Cook

We err, in looking at the woes of the world, when allowing it is all too big to comprehend, ceding conscience and action in the belief complexity renders the problems insolvable. The truth of the matter is simplicity itself; the horrors we witness, both in the far



own home towns, are points along an unbroken continuum; appearing unique, these disparate disasters are connected, manifestations of a singularity, merely reverberations of the unnatural abandonment of our duty to humanity.

It's been a long and tortured path leading to this place; this place where daily thousands die unnecessarily, while the fortunate go about their routines, barely conscious of this grim reality, and rarely considering the gravity of their abrogation. Incrementally, we have become inured to others' suffering as greater and greater abominations are issued for our protection, and accepting too of the unspoken precept: their misery is the price of our security. This is as true here in our green and pleasant Victoria, where those sacrificed to an inequitable and unsustainable economic system are harassed, criminalized, and imprisoned, as it is for the villagers of Afghanistan, the refugees of Lebanon, or the prisoners of imperial America. It's simply a matter of degree.

#### A Robin Redbreast in a Cage, Puts all Heaven in a Rage

Walls and prisons seem our collective destination. From America's grotesque Gulags, to the Maquiladora's, humanity has been callously penned, reduced to units of usefulness, delivered to slave drivers with no appreciation for the intangible mysteries of the human soul. Whether tortured for "intel," oppressed for labour, monopolized into forced product consumption, or as rumour has it, stored as potential organ farms, the currently dominant world paradigm places little value on people, or life in any of its forms. But, it is just a mental construct; a mirage carefully built with propaganda, piled through the years one block at a time; a great pyramid standing against our species' social instincts and innate sense of equilibrium with the natural environment. It is an unnatural imposition on the spirit, one generally sensed, if not always consciously perceived: And being unnatural, it cannot survive.

September marks the first anniversary of the dreadful destruction wreaked on the Gulf Coast states. While the Iraq war raged, its terrible secrets revealed, and millions who

to question the motives of the prosecutors of that enterprise, Hurricane Katrina bore stark testimony closer to home of the base disregard, the utter contempt in which the "people" are held by those that would remain their Masters. It is an example displayed many times more horrifically in Lebanon and Palestine, Iraq and Afghanistan today, but at its root it's the same thin elite who would destroy life as a means to their ends in the Middle East and do nothing while the hoi polloi drown

in New Orleans. Nothing and no-one, neither here nor over there matter to these, and as they do to those distant, they'll not hesitate to do here too in ever greater magnitudes of atrocity if allowed to continue.

A Dog starv'd at his Master's Gate, Predicts the ruin of the State.

In my green and pleasant Victoria, behind the walls of the Wilkinson Road Correctional Facility a prisoner of conscience is dying. have no way of knowing if as you read this piece he may yet have died. Already in his fifth week of a hunger strike, David Arthur Johnston's case is emblematic of what the dissolution in these early days of the 21st Century portend both the individual, and what has heretofore been recognized as "common decency." Johnston refuses to enjoin the band-aid measures provided largely through charities to accommodate the hundreds of thousands homeless in this country at this late date, choosing instead to sleep outdoors. But where there is left no 'commons' for the people to make use of, where every blade of grass, every square yard of "public" lands are transformed through the agency of crown corporations, into "private" property, he commits a crime every time he tries to sleep. Sentenced to five months for refusing to honour an agreement to leave the province, a promise made under duress Johnston has vowed not to eat while incarcerated, and Justice is content to watch him die rather than admit the public use of "public" land.

> Some are Born to sweet delight, Some are Born to Endless Night.

When looking at the state of the world, we needn't wonder how they could have let things get so out of hand, we need understand that what is suffered there is a product whose fruit is borne here too, and not accidentally. It is possible to stop this Hell-bound train, but first we must recognize the engine driving the despair so prevalent in our times and rightly identify the engineers behind it.

Chris Cook is a contributing editor to PEJ.org, and hosts Gorilla Radio, broad/webcast from the University of Victoria, Canada.

editor's note: David Johnston has been released - story on pg 5. The poetry is William Blake's,

# supported the invasion and occupation began from 'Augeries of the Innocents.'



# Happy Go Lucky

submitted by cyann ray

Happiness. They claim that money can't buy it yet those of us with limited funds are certain we'd be happier with more money. Research during the past 20 years has revealed there is no positive co-relation between income (which has steadily increased) and happiness (which has remained a constant). But I suspect there IS a significant relationship between poverty and misery. Money may not be able to buy happiness per ce, but it can sure help eleviate the discomfort, anxiety and inconvenience of poverty.

The other day I was channel-surfing and stumbled upon a program on happiness. Since I am one of those folks who sees the glass as half empty, I tuned in hoping to learn the secrets of optimism and joy. One doctor suggested there were seven key elements to happiness. In no particular order: 1) have goals 2) show graditide 3) be helpful 4) have friends & family 5) have social ties 6) be spiritual 7) have positive attitude.

I've always viewed happiness as being temporary in nature and having as much to do with luck as anything else. But during these last few years when I've had to adjust to a scaled down income, I've discovered those moments of happiness come much less frequently. Is it because I have less money or do those 7 ingredients play an important role? And how does money, or lack of, affect these key elements...are they really free and attainable by everyone regardless of income?

HAVE GOALS: Admittedly, I am not a goal-oriented person. I spent my childhood in the sixties and the only goal I can recall having is to get married, have children and play house with my loving family. A little archaic perhaps, but I was raised by a stay-at-home mom who cooked and cleaned and seemed perfectly content looking after her family. Well, I had the child and got to play house with a loving family but the gig was temporary because children grow up and families break down. I didn't have a back up plan that incorporated financial independence. I can see that many goals would cost money. For example, had I wanted to be a dancer or a writer, a musician or an athlete, lessons and education cost money. Besides, only accomplishing goals would contribute to happiness. Unattained goals would only serve to make one feel like they failed. Maybe poor folks set the bar pretty low so they can at least feel good about accomplishing something.

SHOW GRATITUDE: Many of us have found ourselves lamenting "why me?" when the world around us seems unfair. Pain and poverty can seriously interfere with feeling grateful. I have a tendancy to complain, but I know in the big scheme of things I'm a lucky person. There are millions of people far worse off than me and I am humbled by their ability to carry on.

BE HELPFUL: I believe I have a helpful nature and have enjoyed volunteering my time and services on many occassions. But the reality of having limited resouces (financial & physical) means you can only offer so much. The poor are often the ones being helped. Needing to rely on the help of others doesn't fill one with joy. But undoubtedly, the lives of the impoverished would be enriched if only they could feel helpful. Volunteering costs nothing.

FRIENDS & FAMILY: I feel these two ingredients are essential for survival. They ground us when we feel unsettled and lost and they can illuminate our paths when the world around us seems dark. Friends & family are the soil from which happiness can sprout. Since poor folk can't really buy friendships, or actively participate in broader social circles, perhaps their social connections are somewhat more genuine and appreciated.

SOCIAL TIES: I assume this element of happiness refers to community involvement. I'm grateful for this opportunity to write for VICTORIA STREET NEWZ and I've always enjoyed being socially and politically involved. Organizations such as Rev. Al's "Our Place" (formerly the Open Door) provides an essential link for the poor to become actively engaged in their communities. Unfortunately, having limited funds can prevent the poor from reaching outside their class and fully experiencing the joys available to those with money. Instead, their restrictive lifestyles often lead them to congregate amoungst themselves and this can make their world seem smaller and bleaker than it has to be.

BE SPIRITUAL: I am a free-thinking agnostic but I do believe in a "higher entity" that effects our fate. I call her Mother Nature and feel that her spirit surrounds us. As a photographer, nothing inspires me more than the awesome beauty of our natural world. When I witness a rainbow or ocean whitecaps slapping the Breakwater, I feel as close to a god as humanly possible. When the late day sun falls upon a golden brown leaf and I get to see the rich hue remaining in the dying foliage, my spirit is moved and I am happy. Cycling in the summer breeze along the Goose makes me happy too. But these snippets of joy available to me can easily be stripped away if I can't afford a roll of film or new brake pads.

POSITIVE ATTITUDE: This is a no-brainer. Of course having a positive attitude is going to make you happy. But how exactly do these Pollyanna's acquire and maintain that optimism? The hardships of poverty and physical discomfort can prevent us from seeing the glass as half full. This magical ingredient for happiness is simply unavailable for some folks.

So how does one happy up if their lives are a continuous struggle for survival? Clearly, poverty can effect a person's state of well-being. It's only once your basic needs have been met that you have the luxury to think about such things as "How happy am I??" When I turned 40, a dear friend gave me this advice: Make a list of everything that makes you happy and commit to doing at least one thing on that list everyday. Since I do not require fine wines, exotic travel and lavish trinkets to be happy, my list is, shall we say, affordable!

While I still believe that true riches in life are not monetary, having enough money to comfortably survive would enable folks to live healthier lives. And wouldn't we all agree that healthier communities would make everyone happier?

# Part II - How and Why I Make Biodiesel (or How To Boycott the Oil Industry)

In Part I (printed in the August 2006 Street Newz) Kenji offered a backgrounder and information about Biodiesel for political activism, the Biodiesel controversy, and Biodiesel for catastrophe avoidance. It's online, in the archives, at http://web.mac.com/jbandcroft.

Agriculture used to employ the vast majority of the population. But soon after the petro-revolution, enough food to feed the entire planet could be grown by a relatively small minority. The growth in petro-technology resulted in a burgeoning need for factory workers, to make all the engines, furnaces and what-not that this new age required.

The results were impressive: birth survival rates increased like never before, food and goods could be shipped almost anywhere in the world with great speed, and global communication increased. The northern countries of Europe and Canada prospered immensely, as petroleum became a cheap heating fuel, now that cities no longer had wood readily available. Needless to say, the human population rose exponentially, and people and governments had not only an excess of leisure time and revenue, but also extra resources to research disease and other societal problems.

Petroleum use in the agriculture industry is not limited to tractors and other farm machinery. It is also the reason that our agri-business farms can operate as a competitive, corporate business on the stock exchange.

Over 90% of Canadian food comes from agribusiness. These farms are actually food factories, and bear no relation to the mythical farms of Canada's past heritage: family farms representing hope and a nourishing society. Instead, these factories are all business, and are run by well-groomed CEOs hundreds of miles away in corporate boardrooms intent on increasing shareholder return-on-investment in this globally competitive world. I won't go into the atrocities inflicted on animals in these factories here.

But back to the production of grain, vegetable and fruit (which have always been the staples of life); these crops could not be grown at the current rate without the extensive use of petroleum products. Pesticides, herbicides and fungicides keep pests at bay, increasing profit, and petroleum fertilizers are used to keep the topsoil alive. Remember when farmers had to keep a field fallow so as to let the nitrogen and other nutrients rebuild? This technique is almost obsolete in the modern world of corporate agri-business, although occasionally farmers still let fields lie fallow when government pays them to, so that the crop in question will not over-saturate the market and go bust on the commodity trading exchange.

Without petroleum, food will simply not be able to be grown at the quantities necessary to feed the world's population, as the system is set right now, let alone get the food to the people. Much investigation should be given to the way Cuba has dealt with the food industry. In Cuba, almost all gardens and plant beds grow food. Most neighbourhood parks contain food crops as well. And they are all organic produce.

The inevitable End of Oil may not occur in our lifetime, or our children's, or even our grandchildren's lifetime. But what is sure is it will eventually happen, and the world will no longer be able to sustain over six billion people. I only hope that by then the population will be greatly decreased, and that alternative technologies and infrastructures will exist to help human civilization meet the challenge of a world beyond petroleum. To accomplish this, we must transcend partisan allegiances and rise above and beyond the rigid definitions of 'conservative' and 'progressive' which we impose on ourselves.

To reiterate the words of Hal Hewett in *Huge Bus Now*, it's not about what's right, it's about what's left

#### How to Make Biodiesel

Biodiesel is a safe, renewable, cleaner-burning alternative to petro diesel that lowers emissions. It is more biodegradable than sugar and ten times less toxic than table salt.

(www.journeytoforever.org)

Biodiesel is the popular moniker for mono alkyl esters. These esters are produced by 'cracking' the glycerin content out of vegetable oil and animal fats, through a process called 'transesterification'. It is similar to soap-making (saponification), but uses (most commonly) methanol, or (less commonly) ethanol, mixed with the lye (sodium- or potassium hydroxide) as the alkaline catalyst.

Vegetable oil, at the molecular level, consists of three fatty acid chains held together by a glycerin molecule (glycerin is actually an alcohol, and is also called glycerol). Used oil can have many broken chains, so there will be mono- and di-glycerides present. These mono- and di-glycerides make the oil more acidic, so greater amounts of lye, the alkaline catalyst, are required for a full reaction. Too much lye, however, may result in the formation of a 'glop' soap that is a real drag to deal with. The amount of methanol used is usually between 15-20% to the volume of oil. Some methanol will replace the glycerin (somewhere between 5-12%), and the excess helps 'push' the reaction to completion.

There are many recipes for making biodiesel available free of charge on the internet. Personally, I recommend the site www.journeytoforever.org for really thorough information and discussions (although its biofuels discussion list is "tough", to quote Estill in "Biodiesel Power").

Warning: Biodiesel production requires two common but dangerous chemicals, methanol (methyl hydrate in Canada) and lye (sodium hydroxide). Further, these two substances are combined to create an even more dangerous substance, sodium methoxide (it will burn your skin, kill you if you swallow enough, and emits dangerous fumes). You will need a well-ventilated workspace, protective gloves, clothing and eyewear, and lots of common sense and practice. Heed all zoning bylaws and regulations. Take full safety precautions and always remember you are dealing with dangerous chemicals. Never allow children or animals around the workspace. Label all containers and store them in safe places.

# MELTING POLAR SHELF BELCH WUCH SCIENTIFIC EED MORE SCHWIFT INQUIRY WE GNCLUDE STUDIES FOR THE NEXT 50 YEARS THAT WHALE MEAT REALLY, TRULY ER ... DETERMINE HETHER GLOBAL € BURP! WARNING IS . CTUALLY HAPENNING SAMPLE bendib.com

# Making a Test Batch of Biodiesel

Disclaimer: We assume no liability for any harm and/or damage which may occur due to information contained in this article. It is meant for educational purposes only. Anybody using the information contained herein does so at their own risk.

Because of the dangerous chemicals and the potential for the reaction to become 'glop' instead of biodiesel, it is best to become proficient at making small test batches first. Here is a common recipe, my version of what is often dubbed "The World Famous Dr. Pepper Method":

#### Ingredients:

1 litre used vegetable oil

150-200 mL's methyl hydrate

4-7 grams of lye

#### **Equipment:**

A sealed glass or HDPE plastic bottle with tightly fitting lid for the methyl hydrate/lye

A 2 litre bottle with tightly fitting lid (HDPE plastic is best - use standard PET plastic pop bottles with some caution), such as a pop bottle

Scale accurate to 0.1 grams (or a measuring teaspoon, never to be used for food again)

Small funnel

Protective gloves, eyewear and clothing

Rags for spills, newspaper or tarp to protect floors or counters, and vinegar for emergencies

If you're going to use virgin, unused vegetable oil, you need 3.5 grams of lye per litre of oil. But for used oil, to find out exactly how much lye is needed requires a titration to be performed, which complicates the procedure somewhat. This is important when you make larger batches of biodiesel. For your first batch with used oil, just try 6 grams.

#### The Process:

- 1. Add 6 grams of lye to your methyl hydrate, in a beaker or a bottle with a tightly fitting lid. Do not breathe any fumes! You will need a scale accurate down to 0.1 grams; in the absence of an accurate scale, you could try one teaspoon of lye very roughly about 6 grams of lye but I offer no guarantee of success with this inaccurate method of measurement! And be sure to never use the teaspoon for food again.
- 2. Seal this container with a tightly fitting lid and shake for several minutes. If your container is transparent, look to see if all the lye is dissolved.
- 3. When the lye has totally dissolved in the methyl hydrate, you have made methoxide. (This substance is poisonous even its fumes are harmful!- and highly caustic. Be careful!). Add the methoxide to your litre of oil (in a 2 litre pop bottle), using a small funnel that will never be used for food again.
- 4. Tightly close the lid and shake vigorously for a minute or so. Make sure the lid is not leaking. Let stand for a few minutes and shake for a minute again. Repeat one or two more times.
- 5. Let stand for an hour. If your bottle is transparent you can observe the reaction. The mixture should be cloudy at first, and slowly as you let it stand, it should start to clear, with two distinct layers appearing; a smaller, dark layer on the bottom, and a lighter, larger, clearer layer on top.

The top layer is the biodiesel, or methyl esters (usually 85-95% by volume), and the bottom layer is the glycerin (usually 5-15% by volume). It is almost impossible to remove 100% of the glycerin from the oil, but the commercial standard (from the ASTM D6751 test) calls for about 97% of the glycerin to be removed. Also required for the ASTM standard is that the minute amount of the reactant (methyl hydrate and lye) left in the biodiesel be removed. This is usually performed with a simple water wash, which does increase the amount of time necessary to produce biodiesel, however.

You can find more information on making small test batches of biodiesel by searching for "biodiesel the dr. pepper method" on the internet. Become proficient at making small test batches before you attempt larger, more meaningful batches of biodiesel.

If you have any questions, or would like to discuss biodiesel further, please do not hesitate to contact me at: Yk120@victoria.tc.ca. I hope this article has proved useful.

Copyright 2006 Kenji Fuse

Kenji James Fuse is a working musician but a starving businessman. He is currently helping start the Island Biodiesel Co-op, and will hopefully learn how to make a decent living soon.

# THE PEOPLE I'VE MET IN PRISON

I've got a Harley and a big boat too. Before I got busted, marijuana I grew.

I'm completely innocent, didn't do the crime.
My lawyer sold me out now I'm doin' time.

My ol' lady looks like Farrah I bought her a big diamond ring. I used to date Madonna, but that was only a fling.

I went on tour with Slayer, they asked me to join their band. But I'm barred from to many countries. Isn't that right outta hand?

I live in a great big mansion, it's surrounded by a moat. There's only one way into it; you gotta have a boat.

This is to protect my millions I refuse to keep in the bank. I made it by selling cocaine, Pablo gave me my rank.

You really must believe me; every word I've spoken is true! Can't you tell by my institutional sneakers that I wouldn't lie to you?

1997 Cory Figura

# York Hotel

rancid vestibule seems someone used it as a toilet. i resist the urge to puke 'cause this little inlet protects me from the rain i've been praying for. the bus is late but the street parade is right on timef\$@3-and-pipe girls swagger by stoned down on some very heavy cake, and it's got 'em staggering, bumping into the bicycle kids that run supplies in dirty garb with crammed-full fanny-packs, fumbling thru their piles of bills to get to the tiny bone-chalk pills to sell to the straights desperate enough

for just one moment more, then some young peacock rushes by destroys the immediacy with his every feather glued in place, looks embarrassed to be here looks into my eyes for some sympathy but, all i can do is stare straight thru his hair product

and venture around the corner.

of early-morning murder, suspended

-it's like a dance down here

to cross the street

and eau d'cologne stench and hope that someone else who's suffering knows enough to get this down.

j. físher - bathtubbíng@hotmaíl.com



# Got Mock-ups Got Movie Fronts Got Stages for Actors

With the coming of movie season the actors on the street will be at their best ham acting for tourists once more. Smiling with yellow teeth from lack of fresh fruit and veg they will accommodate the director's agitated shims and wants. The camera will swoop down from cranes and helicopter cameras will follow all of the shopping carts and dog posses and blankets and hospital slippers. All the wanna-be Jack Nicolsons will be at their best basketball courtside behaviour and the Meryl Streeps will be at their very own semantic best.

The new buildings downtown will be made old. And a profusion of hot new horse dung will be flung out for affect. Ambience. Atmosphere. Police will be on their best behaviour supported by psych staff ambulances fire engines and the newest in digital cameras ghost cars fast chase cars riot squad bomb squad and God (the newest one).

And Super Shopping Cart Man with blaring lights and horn will change into his Super-Rich outfit in the hedge.



"What, no hedge!"
Hedges have all been removed.
The producer sends the minion out for false hedges.
"What, no bums!"

A party is sent up to the local university drama department.

A farting local man known as The Scorcher has just lit his farts on fire in the local dry park grass near the petting zoo. He unearthed the fart from his cranium they'd drilled there too deep looking for the main frame and a lifestyle explanation. Eight tourists, four cats and nine crows have been burned. And a naked hairdresser by the name of Swell Svelte Schell has burnt a hole in the local baseball diamond with her arse. They've cooled down her arse and placed her in a suave marble and brass police cell for observation.

Super Shopping Cart Man stops a riot. Between the Police Chief the coroner and the Anglican Archbishop. Buried in the bottom of the

Cathedral begging box is the answer to all of this. Buried somewhere inside there is the truth. The Archbishop has got very nice teeth.

© Paul Burnside, July 17th, 2006



because of money
we wear the humiliating crown
because of money
our smiles are now a frown
because of money
we no longer seek our lover's eyes
because of money
we grovel and despise
because of money
our world gets raped
over and over again
because of money
we've left
the garden of eden



Nicole Moyal

Jerry Rose says he's got his daughter on his chest and his name's a fake says one step wrong and that be all it take

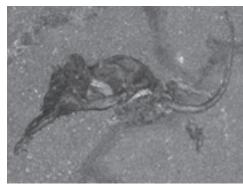
singing stories of bottles and a daughter my age she's graduatin' this year and aint it a shame?

Jerry Rose on the street one of the rows on the street with lives in the mind on the line and left behind

Jerry rose stopped me to talk

mid walk
and though his eyes were sloshing in the sauce now
and his talk slow right down now
Jerry Rose is stuck inside me

Suzanne C. - shopping\_cart\_anarchist@hotmail.com





# Thrift Shop

Borden & Mackenzie, Phone 479-8849 Open 9 to 8 M-F, 9 to 5 Sat, 10 to 4 Sun

Offering gently used clothing, jewellery,housewares, furniture, and much more at the lowest prices in the Victoria area!!!!

**Enjoy volunteering? Call Claire at 479-3306** www.beaconcs.ca

The Public Service Alliance of Canada is a proud sponsor of the

Victoria Street Newz

and member of the global campaign to

"Make Poverty History".

The PSAC is one of Canada's largest unions, with 160,000 members.



http://www.psac-afpc.org

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Public Interest

Research Group

(VIPIRG)

employment

list-serve (it's free).

Check it out at: http://googlegroups com/group/vipirg-

ioblist/subscribe



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Contact Tony to learn how you can sponsor a

mobile trailer for a homeless person!



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Write your MP no postage required.

C/O House of Commons, Ottawa, Ontario, K1A 0A6. Call 1-800-622-6232, TTY: 1-800-465-7735

Federal MPs:

www.vindicator.ca/ vindicator/membersList.

**Provincial MLAs:** 

http://www.legis.gov. bc.ca/mla/3-1-3.htm

# **Central America Support Committee**

CASC

Join us first Wednesday of every month; 7:30 PM upstairs at 1923 Fernwood Road Email: casc@telus.net Phone: 598-7690 Web: http://casc.communitypipe.org/



Fair trade organic coffee available by the cup or pou





#12 Centennial Square. Tuesday to Friday 1pm to 5pm. info@victoriacarshare.ca www.victoriacarshare.ca



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1005 Broad St, between Broughton and Fort Streets.

(250) 477-0146 info@granolagroovy.com

# Serving Our Community



1020 Hillside Avenue Phone: 250 360 2023 rob.fleming.mla@leg.bc.ca

Rob Fleming, MLA Victoria - Hillside



<u>Victoria</u> Street Newz September circulation: 1500

## Sunshine Communications.ca 250.592.8307

Kealey Pringle, Alan Rycroft and Associates Fund Development, Media, Web Sites, Writing

info@SunshineCommunications.ca

Victoria Seniors' Advocacy Service Sponsored by the Greater Victoria Seniors (OAPO)

Blanshard Community Centre, at King and Dowler, Tuesday mornings from 9:00 am to noon, Thursday afternoons from I pm until 4 pm

The phone number is 388 - 7696.

Close to both #4 and #6 buses, at Quadra and Hillside.

We will defend the rights of seniors in the lower Island area, without any fee to the senior. Services range from supporting Seniors needing help as they work to get the services to which they are entitled, to advocating for change in the systems of service delivery.

# ictoria Street Newz Distribution Team



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John



**Pebbie** 



John



Rick



Bernie



Marlene



Kay (vendor emeritus)



Ted & Bok

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If you'd like to check us out, join us, or share a conversation and a cup of tea or coffee, you can find some or all of us at the Solstice Café most Tuesdays and Fridays, 10 am - noon.

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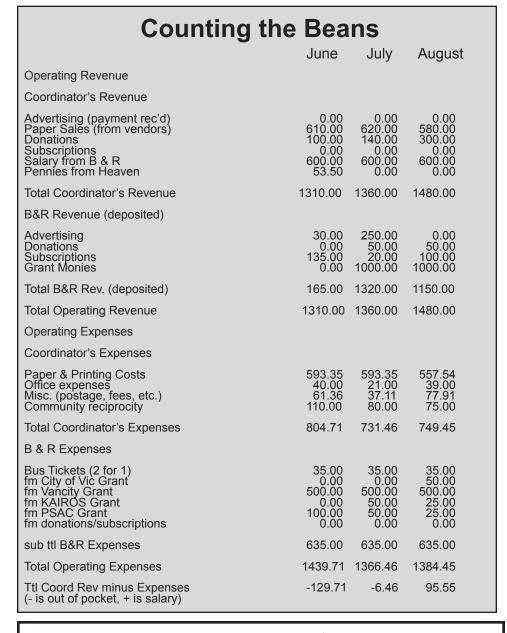
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Special thanks: Jennifer Hill, Barbara Hay, Shirley Hollingsworth, Roseanne & Dwayne Howe, Liz Zloklikovits, Michelle & Mark @ the Belfry, Brent & Louise & the Islands Folk Fest people who found and delivered most of my stolen goods, Marge Reitsma-Street, the Bread and Roses Collective.

> And anyone else I may have missed we couldn't do it without you!!